

**Start Presentation**

## **Psalm 42:5-6**

**5 Why are you cast down, O my soul?  
And why are you disquieted within me?  
Hope in God, for I shall yet praise Him  
For the help of His countenance.**

**6 O my God, my soul is cast down within me;  
Therefore I will remember You from the land of the Jordan,  
And from the heights of Hermon,  
From the Hill Mizar.**

**Restored Hope**

**INSPIRATION** Is Something  
People Can Do

**1 Corinthians 13:6b-8a**

**6 [Love] rejoices in the truth;**

**7 bears all things, believes all things, hopes all things,  
endures all things.**

**8 Love never fails.**

## **Proverbs 14:10**

**10 The heart knows its own bitterness,  
And a stranger does not share its joy.**

## **1 Corinthians 2:10b-12**

**10 For the Spirit searches all things, yes, the deep things of God.**

**11 For what man knows the things of a man except the spirit of the man which is in him? Even so no one knows the things of God except the Spirit of God.**

**12 Now we have received, not the spirit of the world, but the Spirit who is from God, that we might know the things that have been freely given to us by God.**

**RESTORATION** Is  
Something God Can Do



## **Isaiah 61:1-3**

**1 "The Spirit of the Lord GOD is upon Me, Because the LORD has anointed Me  
To preach good tidings to the poor;  
He has sent Me to heal the brokenhearted, To proclaim liberty to the captives,  
And the opening of the prison to those who are bound;**

**2 To proclaim the acceptable year of the LORD,  
And the day of vengeance of our God;  
To comfort all who mourn,**

**3 To console those who mourn in Zion,  
To give them beauty for ashes, The oil of joy for mourning,  
The garment of praise for the spirit of heaviness;**

## **Psalm 23:1-3**

**1 The LORD is my shepherd;  
I shall not want.**

**2 He makes me to lie down in green pastures;  
He leads me beside the still waters.**

**3 He restores my soul;  
He leads me in the paths of righteousness  
For His name's sake.**

## **Hebrews 4:15-16**

**15 For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin.**

**16 Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.**

## **Matthew 11:28-30**

**28 Come to Me, all you who labor and are heavy laden,  
and I will give you rest.**

**29 Take My yoke upon you and learn from Me, for I am  
gentle and lowly in heart, and you will find rest for your  
souls.**

**30 For My yoke is easy and My burden is light."**

**NKJV**

**DECISION** Is Something  
Only You Can Do

## **Isaiah 60:1-2**

**1 ARISE [from the depression and prostration in which circumstances have kept you — rise to a new life]! Shine (be radiant with the glory of the Lord), for your light has come, and the glory of the Lord has risen upon you!**

**2 For behold, darkness shall cover the earth, and dense darkness [all] peoples, but the Lord shall arise upon you [O Jerusalem], and His glory shall be seen on you.**

**AMPLIFIED**

## **Isaiah 26:3**

**3 You will keep him in perfect peace,  
Whose mind is stayed on You,  
Because he trusts in You.**

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**3 You will guard him and keep him in perfect and constant peace whose mind [both its inclination and its character] is stayed on You, because he commits himself to You, leans on You, and hopes confidently in You.  
[AMP]**

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**3 People with their minds set on you,  
you keep completely whole  
MESSAGE**



## **Colossians 3:12-15**

**12 Therefore, as the elect of God, holy and beloved, put on tender mercies, kindness, humility, meekness, longsuffering;**

**13 bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also must do.**

**14 But above all these things put on love, which is the bond of perfection.**

**15 And let the peace of God rule in your hearts, to which also you were called in one body; and be thankful.**



## **Psalm 126:1-3**

**1 WHEN THE Lord brought back the captives [who returned] to Zion, we were like those who dream [it seemed so unreal].**

**2 Then were our mouths filled with laughter, and our tongues with singing. Then they said among the nations, The Lord has done great things for them.**

**3 The Lord has done great things for us! We are glad!**

# Restored Hope

- **INSPIRATION** Is Something People Can Do
  - They Can Cause You to Remember Good Times
  - They Can Bring You to the Father In Prayer
- **RESTORATION** Is Something God Can Do
  - The Father Can Heal Your Broken Heart
  - The Father Loves You
- **DECISION** Is Something Only You Can Do
  - Decide to Hope In God Again
  - Decide to Forgive People Again

**The End**