

Start Presentation

**How To Get A Ripped Mind
That Wants To Think On The Right
Things All The Time**

Ground Rules

- **Discipline Is NOT Legalism**
- **Get Stirred Up On The Power of God**

Building The Puzzle (Vision)

- **Lay Out The Pieces**
- **See The Big Picture**
- **Work One Piece At A Time**

Strength Training

- **Rejoicing In Hope**
- **Praying In The Spirit**

Endurance Training

- **Repetition**
- **Resistance**
- **Refreshing**

A Healthy Diet

- **How We Eat**
 - **Screen Touching & Button Pushing**
- **What We Eat**
 - **Mind Ripping & Mind Corrupting Foods**
- **God's Diet Plan For You**
 - **Be True To Your Own Convictions**

1 Timothy 6:11-12

11 But you, O man of God, flee these things and pursue righteousness, godliness, faith, love, patience, gentleness.

12 Fight the good fight of faith, lay hold on eternal life, to which you were also called and have confessed the good confession in the presence of many witnesses.

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The Good Fight of Faith

The Faith Robber

Holding On To What You Believe

Mark 4:3-4,14-15

3 "Listen! Behold, a sower went out to sow.

4 And it happened, as he sowed, that some seed fell by the wayside; and the birds of the air came and devoured it.

14 The sower sows the word.

15 And these are the ones by the wayside where the word is sown. When they hear, Satan comes immediately and takes away the word that was sown in their hearts.

Ephesians 6:10-12

10 Finally, my brethren, be strong in the Lord and in the power of His might.

11 Put on the whole armor of God, that you may be able to stand against the wiles of the devil.

12 For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.

1 Peter 5:8-10

8 Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour.

9 Resist him, steadfast in the faith, knowing that the same sufferings are experienced by your brotherhood in the world.

10 But may the God of all grace, who called us to His eternal glory by Christ Jesus, after you have suffered a while, perfect, establish, strengthen, and settle you.

2 Corinthians 10:3-5

3 For though we walk in the flesh, we do not war according to the flesh.

4 For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds,

5 casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ

The Faith Finisher

Looking To Your General

Hebrews 12:1-4

- 1 Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us,
- 2 looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.
- 3 For consider Him who endured such hostility from sinners against Himself, lest you become weary and discouraged in your souls.

James 1:2-5

2 My brethren, count it all joy when you fall into various trials,

3 knowing that the testing of your faith produces patience.

4 But let patience have its perfect work, that you may be perfect and complete, lacking nothing.

5 If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him.

2 Corinthians 2:14-16

14 Now thanks be to God who always leads us in triumph in Christ, and through us diffuses the fragrance of His knowledge in every place.

15 For we are to God the fragrance of Christ among those who are being saved and among those who are perishing.

16 To the one we are the aroma of death leading to death, and to the other the aroma of life leading to life.

Romans 7:22-25

22 For I delight in the law of God according to the inward man.

23 But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members.

24 O wretched man that I am! Who will deliver me from this body of death?

25 I thank God — through Jesus Christ our Lord!

The End of the Fight

Winning The Prize

2 Timothy 4:6-8

**6 For I am already being poured out as a drink offering,
and the time of my departure is at hand.**

**7 I have fought the good fight, I have finished the race, I
have kept the faith.**

**8 Finally, there is laid up for me the crown of
righteousness, which the Lord, the righteous Judge, will
give to me on that Day, and not to me only but also to all
who have loved His appearing.**

1 Corinthians 15:57-58

57 But thanks be to God, who gives us the victory through our Lord Jesus Christ.

58 Therefore, my beloved brethren, be steadfast, immovable, always abounding in the work of the Lord, knowing that your labor is not in vain in the Lord.

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 - Looking To Your General
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The End