



**Start Presentation**

# **How To Get A Ripped Mind That Wants To Think On The Right Things All The Time**

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## **Ground Rules**

- **Discipline Is NOT Legalism**
- **Get Stirred Up On The Power of God**

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## **Build The Puzzle**

- **Lay Out The Pieces**
- **See The Big Picture**
- **Work One Piece At A Time**

## **Ephesians 6:10-13**

**10 Finally, my brethren, be strong in the Lord and in the power of His might.**

**11 Put on the whole armor of God, that you may be able to stand against the wiles of the devil.**

**12 For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.**

**13 Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.**

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## Strength Training

**Rejoicing In Hope**

## **Hebrews 13:14-15**

**14 For here we have no continuing city, but we seek the one to come.**

**15 Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name.**

## **Ephesians 5:18-20**

**18 And do not be drunk with wine, in which is dissipation;  
but be filled with the Spirit,**

**19 speaking to one another in psalms and hymns and  
spiritual songs, singing and making melody in your heart to  
the Lord,**

**20 giving thanks always for all things to God the Father in  
the name of our Lord Jesus Christ**

## **James 1:2-5**

**2 My brethren, count it all joy when you fall into various trials,**

**3 knowing that the testing of your faith produces patience.**

**4 But let patience have its perfect work, that you may be perfect and complete, lacking nothing.**

**5 If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him.**

## **Psalm 34:1-4**

**1 I will bless the Lord at all times;  
His praise shall continually be in my mouth.**

**2 My soul shall make its boast in the Lord;  
The humble shall hear of it and be glad.**

**3 Oh, magnify the Lord with me,  
And let us exalt His name together.**

**4 I sought the Lord, and He heard me,  
And delivered me from all my fears.**

# Praying In The Spirit

## **John 20:19-23**

**19 Then, the same day at evening, being the first day of the week, when the doors were shut where the disciples were assembled, for fear of the Jews, Jesus came and stood in the midst, and said to them, "Peace be with you." 20 When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord.**

**21 So Jesus said to them again, "Peace to you! As the Father has sent Me, I also send you." 22 And when He had said this, He breathed on them, and said to them, "Receive the Holy Spirit.**

## **Acts 1:4-5, 8**

**4 And being assembled together with them, He commanded them not to depart from Jerusalem, but to wait for the Promise of the Father, "which," He said, "you have heard from Me;**

**5 for John truly baptized with water, but you shall be baptized with the Holy Spirit not many days from now."**

**8 But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth."**

## Public Ministry Tongue

### ■ As the Spirit Wills (12:10-11)

- 10 to another the working of miracles, to another prophecy, to another discerning of spirits, to another different kinds of tongues, to another the interpretation of tongues. 11 But one and the same Spirit works all these things, distributing to each one individually as He wills.

## Private Devotional Tongue

### ■ As you will (14:14-15)

- 14 For if I pray in a tongue, my spirit prays, but my understanding is unfruitful. 15 What is the conclusion then? I will pray with the spirit, and I will also pray with the understanding. I will sing with the spirit, and I will also sing with the understanding.

## **Public Ministry Tongue**

### **■ Edification of the whole body (12:7)**

- 7 But the manifestation of the Spirit is given to each one for the profit of all:

## **Private Devotional Tongue**

### **■ Edification of self (14:4)**

- 4 He who speaks in a tongue edifies himself, but he who prophesies edifies the church.

## Public Ministry Tongue

### ■ Not everybody can do it (12:30b)

- 30 Do all speak with tongues? Do all interpret?

## Private Devotional Tongue

### ■ Everybody can do it (14:5)

- 5 I wish you all spoke with tongues
- Acts 2:33 Therefore (Jesus) being exalted to the right hand of God, and having received from the Father the promise of the Holy Spirit, He poured out this which you now see and hear.
- 38 Then Peter said to them, "Repent, and let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit. 39 For the promise is to you and to your children, and to all who are afar off, as many as the Lord our God will call."

# Swinging The Sword

## **Ephesians 6:12-13**

**12 For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.**

**13 Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.**

## **1 Peter 5:8-9**

**8 Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour.**

**9 Resist him, steadfast in the faith, knowing that the same sufferings are experienced by your brotherhood in the world.**

## **Hebrews 4:12**

**12 For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.**

## **2 Corinthians 10:3-5**

**3 For though we walk in the flesh, we do not war according to the flesh.**

**4 For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds,**

**5 casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ**

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## Strength Training

- Rejoicing In Hope
- Praying In The Spirit
- Swinging the Sword

**The End**